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~~Treating OCD in Children and Adolescents~~
~~Treating OCD in Children /u0026 Adolescents: Age at diagnosis Helping Kids and Teens Who Have OCD~~
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Obsessive-compulsive disorder (OCD) usually begins in adolescence or young adulthood and is seen in as many as 1 in 200 children and adolescents. OCD is characterized by recurrent intense obsessions and/or compulsions that cause severe discomfort and interfere with day-to-day functioning. Obsessions are recurrent and persistent thoughts, impulses, or images that are unwanted and cause marked anxiety or distress.

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Obsessive-Compulsive Disorder In Children And Adolescents

Supports people struggling with panic attacks, phobias, obsessive compulsive disorder (OCD) and other anxiety-related issues. Offers a specialist youth helpline for people aged 13-20. The opening hours are 3pm - 6pm, Monday - Friday; 6pm - 8pm, Thursdays and Saturdays.

OCD - children and young people's mental health charity

OCD in Children and Adolescents: A Cognitive-Behavioral Treatment Manual. Hardcover – 14 July 1998. by John S. March (Author), Karen Mulle (Author) 4.6 out of 5 stars 23 ratings. See all formats and editions.

OCD in Children and Adolescents: A Cognitive-Behavioral ...

Obsessive-compulsive disorder (OCD) in childhood and adolescence is an impairing condition, associated with a specific set of distressing symptoms incorporating repetitive, intrusive thoughts (obsessions) and distressing, time-consuming rituals (compulsions).

Obsessive-compulsive disorder in children and adolescents ...

Some common compulsions experienced by children and adolescents with OCD include: Compulsive washing, bathing, or showering Ritualized behaviors in which the child needs to touch body parts or perform bodily movements in a specific order or... Specific, repeated bedtime rituals that interfere with ...

Child and Adolescent OCD - Symptoms and Treatment

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Obsessive-compulsive disorder (OCD) in childhood and adolescence is an impairing condition, associated with a specific set of distressing symptoms incorporating repetitive, intrusive thoughts (obsessions) and distressing, time-consuming rituals (compulsions). This review considers current knowledge of causes and mechanisms underlying OCD, as well as assessment and treatment.

Obsessive-compulsive Disorder in Children and Adolescents ...

Obsessive-compulsive disorder in children and young people: information for parents and carers This webpage explains what obsessive-compulsive disorder (OCD) is, who it affects and what can be done to help.

Obsessive-compulsive disorder in children and young people ...

OCD in Children and Adolescents: A Cognitive-behavioral Treatment Manual. OCD in Children and Adolescents. : John S. March (MD.), Karen Mulle. Guilford Press, May 21, 1998 - Psychology - 298 pages. 3 Reviews. This practical manual presents a cognitive-behavioral treatment program that has been proven effective in eliminating or alleviating OCD symptoms in children across a broad range of ages and aptitudes.

OCD in Children and Adolescents: A Cognitive-behavioral ...

Watching your child struggle with a mental disorder can leave any parent feeling helpless. But there is hope for children with OCD — and many resources for parents and families that can help your child to live a happy and fulfilling life. Help for Parents Online OCD Summer

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Camp (for youths!) Treating OCD in Children & Adolescents

Home - OCD in Kids - Treating OCD in Children & Adolescents

About half a million children in the United States suffer from OCD. This means that about one in 200 children, or four to five children in an average-sized elementary school, and about 20 teenagers in a large high school may have OCD. Is OCD in children and teenagers different from OCD in adults?

Obsessive Compulsive Disorder in Children and Teenagers

In a large-size format for easy photocopying, this user-friendly manual presents a tested treatment protocol for children and adolescents (ages 6 to 18) struggling with obsessive-compulsive disorder (OCD).

OCD in Children and Adolescents: The "OCD Is Not the Boss ...

Obsessive-compulsive disorder (OCD) usually begins in adolescence or young adulthood and is seen in as many as one in 200 children and adolescents. OCD is characterized by recurrent obsessions...

Obsessive-Compulsive Disorder in Children and Adolescents

Obsessive compulsive disorder (OCD) is beginning to be recognised as one of the most common psychiatric illnesses affecting children and adolescents, (1) and the World Health Organization rates it as one of the 20 most debilitating diseases.

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Child and adolescent OCD: obsessive compulsive disorder ...

Published by the OC Foundation Inc., USA. Obsessive Compulsive Disorder (OCD) is one of the most common psychiatric illnesses affecting children and adolescents. Previously thought to be rare, OCD is reported to occur in 1-3% of people. It is the fourth most common mental illness after phobias, substance abuse, and major depression.

Obsessive-Compulsive Disorder in Children and Adolescents

OCD in Children Obsessive/compulsive Disorder (OCD) affects children, adolescents and adults. However, there is a growing belief that OCD that occurs at a very young age may be a different type to that which affects older people. The description below is a general one, covering OCD.

OCD in Children - Anxiety Care UK

OCD in Children and Adolescents: A Cognitive-Behavioral Treatment Manual 1st (first) by March MD MPH, John S., Mulle Friesen BSN MTS MSW, Karen (1998) Hardcover Hardcover – 1 Jan. 1998 4.5 out of 5 stars 16 ratings See all 8 formats and editions

OCD in Children and Adolescents: A Cognitive-Behavioral ...

Treatment of OCD in Children and Adolescents: Professional's Kit This popular second-edition set of OCD treatment resources helps therapists understand how to treat obsessive compulsive disorder in children, teens, and adolescents.

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Treatment of OCD in Children and Adolescents: Professional ...

Treating OCD in Children and Adolescents: A Cognitive-Behavioral Approach Hardcover – Jan. 3 2019 by Martin E. Franklin (Author), Jennifer B. Freeman (Author), John S. March (Author) See all 2 formats and editions

This practical manual presents a cognitive-behavioral treatment program that has been proven effective in eliminating or alleviating OCD symptoms in children across a broad range of ages and aptitudes. Building upon and expanding their internationally acclaimed HOW I RAN OCD OFF MY LAND, the authors provide an empirically grounded guide to assessment, treatment planning, and skills-based intervention. Clinicians are taken through the four stages of treatment--psychoeducation, cognitive training, mapping OCD, and graded exposure and response prevention--in 13 to 20 clearly structured treatment sessions. The book is enriched by sample dialogues, "clinical pearls" drawn from the authors' own experience, and appendices featuring reproducible rating scales, patient handouts, and tips and resources for parents. PHOTOCOPY RIGHTS: The publisher grants to individual purchasers nonassignable permission to reproduce handouts and forms in this book for clinical use with their clients. For details and limitations, see copyright page.

From foremost experts, this authoritative work offers a framework for helping children

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overcome obsessive–compulsive disorder (OCD) using the proven techniques of cognitive-behavioral therapy (CBT). Therapists gain knowledge and tools to engage 6- to 18-year-olds and their parents and implement individualized CBT interventions, with a focus on exposure and response prevention. In a user-friendly, conversational style, the authors provide real-world clinical guidance illustrated with vivid case examples. Purchasers get access to a Web page where they can download and print the volume's reproducible handouts in a convenient 8 1/2" x 11" size. Building on the earlier *OCD in Children and Adolescents: A Cognitive-Behavioral Treatment Manual* (by John March and Karen Mulle), this book reflects two decades of advances in the field; most of the content is completely new.

In a large-size format for easy photocopying, this user-friendly manual presents a tested treatment protocol for children and adolescents (ages 6 to 18) struggling with obsessive–compulsive disorder (OCD). Ten flexible modules give clinicians tools for engaging kids and their parents and implementing successful exposure and response prevention activities, as well as other cognitive-behavioral therapy (CBT) strategies. Each module includes vivid clinical vignettes, sample scripts, “tips and tricks” drawn from the authors’ extensive experience, and numerous reproducible child and parent handouts and worksheets. Purchasers get access to a Web page where they can download and print additional copies of the reproducible materials, in color.

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If you're a parent of one of the more than one million children in this country with obsessive-compulsive disorder, you know how confusing, even frightening, the symptoms of OCD can be. You're terrified of losing your child and angry about the havoc this disorder has wreaked in your family. More than anything, you want to be able to unlock the secrets of OCD, understand the cause of your child's bizarre symptoms, and help your child break free of these disruptive, relentless thoughts and actions. In her landmark book, *Freeing Your Child from Obsessive-Compulsive Disorder*, Dr. Tamar E. Chansky creates a clear road map to understanding and overcoming OCD based on her successful practice treating hundreds of children and teenagers with this disorder. In Part I, Dr. Chansky "cracks the code" of the peculiar rules and customs of OCD -- the handwashing, tapping, counting, and so forth. She explains how OCD is diagnosed, how to find the right therapist partner, and how to tailor treatment options to your child's needs. You'll learn how powerful behavioral modification can be and when medication can help. In Part II, you'll learn how not to be pulled in by your child's debilitating rituals at home or at school, how to talk to your child about the "brain

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tricks" OCD causes, and how to create an effective OCD battle plan that will empower your child to "boss back" the OCD monster. You'll also learn how to cope in moments of crisis. Part III offers specific advice for how to help your child handle the most common manifestations of OCD such as fears of contamination, checking, getting things "just right," intrusive thoughts, and more. Part IV is an indispensable guide to additional resources, including books, videos, organizations, and websites. Filled with Dr. Chansky's compassionate advice and inspiring words from the many children with OCD whom she has helped, this book will be your lifeline. Battling back from OCD is hard work, but with the comprehensive, proven guidance in this book, you can help your child reclaim a life free from its grip.

Obsessive-compulsive disorder (OCD) is one of the most common psychiatric problems faced by children, although frequently not diagnosed or treated. Many children diagnosed with OCD also turn out to have other brain-based disorders, particularly ADD/ADHD. Childhood OCD can be a truly debilitating disability, not just a minor problem or personality quirk. Children with OCD experience extreme anxiety and embarrassment. Their OCD symptoms often prevent them from building good relationships, from achieving their best in school, and from having a normal childhood. The effects of this disruption can be painful and lifelong. The good news is that OCD is very treatable. "Obsessive-Compulsive Disorder helps parents: Secure a diagnosis Manage family life Understand medical interventions Explore therapeutic and other interventions Get care with an existing health plan, even with no coverage of "mental disorders" Author Mitzi Waltz, an advocate for children's neurological issues, has included the stories of dozens of parents and adolescents.

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Previously considered a rare condition among children and adolescents, recent research on obsessive-compulsive disorder (OCD) has indicated an increased prevalence among this age group, insofar as it is now considered one of the most common of all psychiatric illnesses affecting youth. Handbook of Child and Adolescent Obsessive-Compulsive Disorder is the definitive book on OCD in children and adolescents. It provides a comprehensive review of the existing literature on pediatric OCD, and is a welcome contribution to the extant literature, which otherwise lacks a text detailing the state of knowledge in this area. Emphasizing developments made in recent years, this new volume serves to disseminate information regarding effective treatments, etiology, and accurate assessment, and guides practitioners to formulate new questions that will further elucidate this condition. Distinct in its thorough coverage of various issues in pediatric OCD, Handbook of Child and Adolescent Obsessive-Compulsive Disorder features: *detailed biological and genetic chapters, including chapters on PANDAS, psychopharmacology, and neurobiology; *discussions of assessment and pharmacological and psychological treatment; *research relevant to the settings of the family, school, and primary care; and *dialogue on OCD spectrum disorders and co-morbidities. This significant work is intended for clinical psychologists and psychiatrists, school psychologists, graduate students, and all other mental health professionals. Primary care physicians will also consider this text useful, as will school counselors.

This book examines the early development of obsessive-compulsive disorder (which now affects over one million children and adolescents) and describes two effective treatments:

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behavior modification and drug treatment with clomipramine. Based on research from the National Institute of Mental Health, this book's theoretical sections probe the frontiers of today's scientific understanding of this disorder and present information applicable to all age groups. Firsthand accounts from patients provide a depth of detail and clinical richness that will be greatly appreciated by all clinicians treating children and adolescents who have this disorder.

The Wiley Handbook of Obsessive Compulsive Disorders, 2 volume set, provides a comprehensive reference on the phenomenology, epidemiology, assessment, and treatment of OCD and OCD-related conditions throughout the lifespan and across cultures. Provides the most complete and up-to-date information on the highly diverse spectrum of OCD-related issues experienced by individuals through the lifespan and cross-culturally Covers OCD-related conditions including Tourette ' s syndrome, excoriation disorder, trichotillomania, hoarding disorder, body dysmorphic disorder and many others OCD and related conditions present formidable challenges for both research and practice, with few studies having moved beyond the most typical contexts and presentations Includes important material on OCD and related conditions in young people and older adults, and across a range of cultures with diverse social and religious norms

No one wants to get rid of obsessive-compulsive disorder more than someone who has it. That's why Talking Back to OCD puts kids and teens in charge. Dr. John March's eight-step program has already helped thousands of young people show the disorder that it doesn't call

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the shots--they do. This uniquely designed volume is really two books in one. Each chapter begins with a section that helps kids and teens zero in on specific problems and develop skills they can use to tune out obsessions and resist compulsions. The pages that follow show parents how to be supportive without getting in the way. The next time OCD butts in, your family will be prepared to boss back--and show an unwelcome visitor to the door. Association for Behavioral and Cognitive Therapies (ABCT) Self-Help Book of Merit

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